



Veggie Patch, Promotions, Drinks & Snacks

SnackHealthy ~ In Moderation after a Balanced Lunch

Baked Chips	\$ 0.75	Doritos	\$ 0.75	Pretzel Twist	\$ 0.50
Popcorn	\$ 0.50	Rice Krispie Treat	\$ 0.75	Granola Bar	\$ 0.50



Love the Crunch?

Each day we offer a different vegetable fresh from the Veggie Patch served daily w/ranch & hummus!

Did you know???

Vegetables lose some nutrients when cooked.
Another reason to love the crunch!

Our Veggie Lineup:

Monday: *Baby Carrots*

Tuesday: *Cucumber Sticks*

Wednesday: *Toasty Bean Bites*

Thursday: *Broccoli Bites*

Friday: *Mixed Patch w/Hummus/Dip*



Got Milk?

Included with Lunch Purchase

Milk is one of the best sources of Calcium & Vitamin D. This is essential for healthy bone growth & development!

Skim White, Chocolate & Strawberry, 1% White, Lactaid



Stay Hydrated!

Aim for 6 glasses a day!



Pre-Pay for Your Lunches!

It's easy & convenient!

Click on the link below to view your child's lunch transactions & check the account balance!

<https://www.schoolpaymentportal.com/>



Drink Choices Prices

Milk Carton	\$ 0.50
Bottle Water	\$ 1.00
Bottle Tea	\$ 1.25
Can Drink	\$ 1.00

More than half of your body is water!