

What Makes a Meal?

Gloucester City School District operates on the National School Lunch Programs. These programs set strict guidelines for these meals to be considered "complete".

For Lunch, 5 components must be offered to students everyday for lunch, 3 of which need to be taken and they are:

- Meat/Meat Alternate
- Grain/Bread
- Vegetables
- Fruits
- Milk

**Balloons for a
Balanced Lunch**

Nutri-Serve Food Management, Inc. Mission Statement:

To provide **Nutritious, High Quality Food** and **Customer Service** by a food service staff who model a **Professional Attitude**.

They are guided by a **Teamwork** approach to management. This results in **Satisfied Customers** and a more effective program **Saving Taxpayers** money.

Nutri-Serve Food Management is a **Responsive** company with the **Support System** and **Integrity** to best meet the needs of our employees and clients.



Nutri-Serve Food Management Contact Information

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Gloucester City School



Guide to Your School's Food Service

2016-2017

Meal Prices:

Breakfast	Elem	High School/Jr
Paid	\$1.00	\$1.10
Reduced	\$.30	\$.30
Lunch	Elem	High School/Jr
Paid	\$2.25	\$2.50
Reduced	\$0.40	\$.40

Payment Options:

Account deposit by personal checks, payable to the Gloucester City Board of Education or cash is still an option. Envelopes are to be given to the cashier in the cafeteria. Cashiers will enter the deposit into the child's account as soon as possible. Please make sure your account number and child's name is on your child's envelope.

Cafeteria Highlights:

- Your cafeteria serves a number of choices from hot entrees, hot and cold sandwiches, pizza, salads, fruits and vegetables.
- Nutri-Serve offers a variety of fruit and vegetable choices each day. These may be fresh, frozen or canned.
- Bread choices are 50% whole grain
- No items served are "Deep Fat Fried", all items are oven baked.
- All food items are Trans Fat Free
- Milk is 1% white or Fat Free Flavors
- A la Carte items meet strict nutritional guidelines set up by the NJ Dept. of Ag.
- Classroom Celebration Menus are available at all grade levels.

Gloucester City School Lunch Program:

High Quality, delicious and nutritious food is Top Priority to Gloucester City School District's food service program. Menus are varied to meet the diverse tastes and preferences of the students, while providing a balanced nutritional offering.

What is Included with Lunch?

For Lunch, students are offered 5 meal components:

Meat/meat alternate
Grain
Fruit
Vegetable
Milk

To be considered a complete meal a student must take 3 of 5 meal components.

Nutri-Serve Food Management