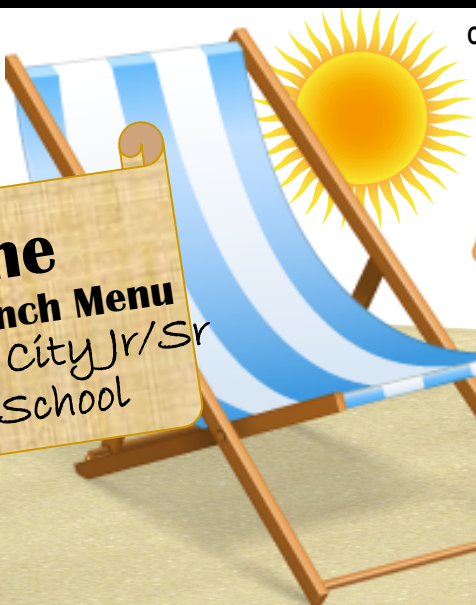




June
HS/MS Lunch Menu
 Gloucester City Jr/Sr
 High School



Click here to view your lunch account:
www.schoolpaymentportal.com

GF = Gluten-Free Ingredients **V** = Vegetarian Ingredients



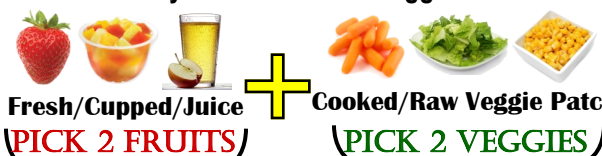
Veggie Grab Bag:
Daily Raw Veggie Choices

Carrots, Cucumbers,
 Toasty Bean Bites,
 Broccoli,

Let's Go Lions!

Choose 1 Entrée.

You May Take 2 Fruit & 2 Veggie Choices!



Fresh/Cupped/Juice

PICK 2 FRUITS

Cooked/Raw Veggie Patch

PICK 2 VEGGIES

THINK BALANCE!

A Balanced Tray ... **Grain** ~ **Protein** ~ **Fruit** ~ **Vegetable** ~ **Milk**

		Thursday-June 1		Friday-June 2	
		Buffalo Chicken On a Torpedo <u>Sides:</u> Green Beans Veggie Grab Bag w/Ranch/Hummus		Cheese Pizza By The Slice V <u>Sides:</u> Garden Salad Veggie Grab Bag w/Ranch/Hummus	
Monday-June 5	Tuesday-June 6	Wednesday-June 7	Thursday-June 8	Friday-June 9	Friday-June 9
Chicken Nuggets w/ a Dinner Roll <u>Sides:</u> Spinach Veggie Grab Bag w/Ranch/Hummus	Warm Ham & Cheese On a Kaiser <u>Sides:</u> Peas Veggie Grab Bag w/Ranch/Hummus	Beef Tacos With Toppings <u>Sides:</u> Corn Veggie Grab Bag w/Ranch/Hummus	Baked Chicken w/ a biscuit <u>Sides:</u> Carrots Veggie Grab Bag w/Ranch/Hummus	Cheese Pizza By The Slice V <u>Sides:</u> Caesar Salad Veggie Grab Bag w/Ranch/Hummus	
Monday-June 12	Tuesday-June 13	Wednesday-June 14	Thursday-June 15	Friday-June 16	Friday-June 16
French Toast With Sausage & Syrup <u>Sides:</u> Hash Browns Veggie Grab Bag w/Ranch/Hummus	Sangarlo's Pizza By The Slice <u>Sides:</u> Caesar Salad Veggie Grab Bag w/Ranch/Hummus	Early Dismissal No Lunch	Early Dismissal No Lunch	Early Dismissal V No Lunch	
Monday-June 19	HAPPY LAST DAY OF SCHOOL		SUMMER BREAK		
Early Dismissal No Lunch					

Lunch Prices: Regular Lunch \$2.50 ~ Extra Entrée: \$1.25 ~ Reduced: \$0.40 ~
Adult: \$3.00 ~ Milk: \$0.50 *Menu subject to change
 Food Service Director: Marlene Monroe GLC@nsfm.com Phone: 856-456-7000 ext 1526