Rise & Shine With Nutri-Serve!

May Breakfast Meni Early Childhood Center

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit

Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Crunch Mania	Pop Tart	Chocolate Chip	Pillsbury Bagel	Apple Bites
French Toast Bites	w/ Cheese Stick	Muffin	w/ Cream Cheese	Apple Cinnamon
<u>Sides:</u>	Sides:	<u>Sides:</u>	Sides:	Sides:
Fruit: Fresh/Cupped/Juice Milk Choice				
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Crunch Mania	Pop Tart	Chocolate Chip	Pillsbury Bagel	Apple Bites
French Toast Bites	w/ Cheese Stick	Muffin	w/ Cream Cheese	Apple Cinnamon
<u>Sides:</u> Fruit: Fresh/Cupped/Juice	Sides: Fruit: Fresh/Cupped/Juice	Sides: Fruit: Fresh/Cupped/Juice	Sides: Fruit: Fresh/Cupped/Juice	Sides: Fruit: Fresh/Cupped/Juice
Milk Choice				
Monday-May 15	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Crunch Mania	Pop Tart	Chocolate Chip	Pillsbury Bagel	Apple Bites
French Toast Bites	w/ Cheese Stick	Muffin	w/ Cream Cheese	Apple Cinnamon
<u>Sides:</u>	Sides:	Sides:	Sides:	Sides:
Fruit: Fresh/Cupped/Juice Milk Choice				
Monday-May 22	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
Crunch Mania	Pop Tart	Chocolate Chip	Pillsbury Bagel	Apple Bites
French Toast Bites	w/ Cheese Stick	Muffin	w/ Cream Cheese	Apple Cinnamon
<u>Sides:</u>	Sides:	<u>Sides:</u>	<u>Sides:</u>	Sides:
Fruit: Fresh/Cupped/Juice Milk Choice				
Monday-May 29	Tuesday-May 30	Wednesday-May 31	Prices: Regular: \$1.00) Reduced: \$0.30 ~

Chocolate Chip

Muffin

Sides:

Fruit: Fresh/Cupped/Juice

Milk Choice

New Items!

Memorial Day

No School







Milk: \$0.50 *Menu subject to change

Food Service Director: Marlene Monroe ~

eligible for free and reduced breakfast!



Apple Bites Choc. Chip Muffin

Pop Tart

w/ Cheese Stick

Sides:

Fruit: Fresh/Cupped/Juice

Milk Choice

Mini Bagels

Crunch Mania Cinnamon Roll

Prices: Regular: \$1.00 Reduced: \$0.30 ~

GLC@nsfm.com ~ Phone: 856-456-7000 ext 1526

If you receive free or reduced lunch your are

