

Nutri Serve Food Management, Inc.

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Gloucester City School District

March 2012



Jr & Sr High School

Breakfast Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Prices:</p> <p>Student Breakfast \$.90 Adult Breakfast \$ 1.40 Student Reduced \$.30 Milk \$.50</p>  <p>If a student has a milk allergy, Lactose Free Milk is available as a substitution upon request.</p> <p>Daily Additional Alternates: General Mills Cereal with Yogurt and Graham Crackers or Mini Loaf with Cheese Stick</p> <p>Milk Choices: 1%, White, Fat Free Choc. Strawberry, Skim</p> 	<p>Students can Pre-Pay for their Breakfast, Lunches and Snacks. Please send in a check to the cafeteria made payable to:</p> <p>NutriServe Food Mgmt</p> <p>5</p> <p>Banana Loaf Mini Loaf 2 oz w/ Cheese Stick</p> <p>Fruit Choice Milk Choice</p>	 <p>6</p> <p>Mini Pancakes with Syrup Cup Sausage Patty</p> <p>Fruit Choice Milk Choice</p>	<p>7</p> <p>Plain Bagel & Cream Cheese 1oz Trix Yogurt</p> <p>Fruit Choice Milk Choice</p>	<p>1</p> <p>Plain Bagel Sausage Patty</p> <p>Fruit Choice Milk Choice</p> <p>8</p> <p>Cheese Omelet</p> <p>Fruit Choice Milk Choice</p>	<p>2</p> <p>Sausage, Egg and Cheese on a Whole Grain Bun</p> <p>Fruit Choice Milk Choice</p> <p>9</p> <p>Lowfat Blueberry Muffin 1.8 oz Trix 4oz Yogurt</p> <p>Fruit Choice Milk Choice</p>
	<p>12</p> <p>Pillsbury Whole Grain Poptart (single) Strawberry (4 oz) Yogurt 1 pk Graham Crackers</p> <p>Fruit Choice Milk Choice</p>	<p>13</p> <p>Plain Bagel Sausage Patty</p> <p>Fruit Choice Milk Choice</p>	<p>14</p> <p>Cinnamon French Toast with Syrup Sausage Patty</p> <p>Fruit Choice Milk Choice</p>	<p>15</p> <p>General Mills Whole Grain Cereal, (4 oz) Yogurt & 1 pk Graham Crackers</p> <p>Fruit Choice Milk Choice</p>	<p>16</p> <p>Chocolate Chip Mini Loaf 2 oz w/ Cheese Stick</p> <p>Fruit Choice Milk Choice</p>
	<p>19</p> <p>Plain Bagel & Cream Cheese 1oz Trix Yogurt</p> <p>Fruit Choice Milk Choice</p>	<p>20</p> <p>Lowfat Blueberry Muffin 1.8 oz w/ Trix Yogurt</p> <p>Fruit Choice Milk Choice</p>	<p>21</p> <p>Sausage, Egg and Cheese on a Whole Grain Bun</p> <p>Fruit Choice Milk Choice</p>	<p>22</p> <p>General Mills Whole Grain Cereal, (4 oz) Yogurt & 1 pk Graham Crackers</p> <p>Fruit Choice Milk Choice</p>	<p>23</p> <p>Cheese Omelet</p> <p>Fruit Choice Milk Choice</p>
	<p>26</p> <p>Plain Bagel & Cream Cheese 1oz Sausage Patty</p> <p>Fruit Choice Milk Choice</p>	<p>27</p> <p>General Mills Whole Grain Cereal, (4 oz) Yogurt & 1 pk Graham Crackers</p> <p>Fruit Choice Milk Choice</p>	<p>28</p> <p>Lowfat Blueberry Muffin 1.8 oz w/ Cheese Stick</p> <p>Fruit Choice Milk Choice</p>	<p>29</p> <p>Pillsbury Whole Grain Poptart (single) Strawberry (4 oz) Yogurt 1 pk Graham Crackers</p> <p>Fruit Choice Milk Choice</p>	<p>30</p> <p>Sausage, Egg and Cheese on a Whole Grain Bun</p> <p>Fruit Choice Milk Choice</p>

Menu subject to change without notice*

Food Service Director - Jennifer Dina

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