

Gloucester City High School

Week 1

NUTRI-SERVE FOOD MANAGEMENT

Week Of: May 21, 2012 - May 25, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>French Toast Sticks w/ Syrup Sausage Patty</p> <p>Green Beans Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Buffalo Chicken Sandwich on Whole Wheat Kaiser</p> <p>Golden Corn Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Pepperoni & Cheese Wrap</p> <p>Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Chicken Fingers With a Whole Grain Dinner Roll</p> <p>Green Peas Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Sal & Pat's Pizza</p> <p>Ceasar Salad Choice of Fresh Fruit or Juice Milk Choice</p>
 Fries will only be served on Tuesday & Thursday Only.	<p><u>Daily Choices Include:</u></p> <p>BBQ Burger Twin Hotdogs</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u></p> <p>Cheeseburger or Hamburger Jumbo Hotdog</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u></p> <p>Cheese Dog California Burger</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u></p> <p>Corn Dog Day Bacon Burger</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u></p> <p>Twin Hot Dog, Pizza Burger,</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p>Baked Fresh Daily</p> <p>Chicken Ranch</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily</p> <p>Pepperoni</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily</p> <p>Plain Cheese</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily</p> <p>Buffalo Chicken</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily</p> <p>Sausage</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad</p>
	<p>Salad Bar - Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include: Low Fat French, Ranch, Casear, Low Fat Italian</p> <p>Each day there will be a featured protein offered. Monday: Turkey, Tuesday: Tuna Salad, Wednesday: Chicken, Thursday: Egg Salad, Friday: Tuna Salad</p>				
Check out our new Snack Shack in the GHS Cafeteria New Items, Less Saturated Fat and Less Calories!!	<p>Did you know??? If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily</p>	<p><u>Prices</u></p> <p>Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60</p>	<p>In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!</p>	<p>Did You Know?? You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed</p>	<p>Milk Varieties Offered Daily</p> <p>Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk</p>
<p>Menu subject to change without notice Comments or Concerns call Food Service Director: Jennifer Dina Phone number: 856-456-7000 ext. 1526 Email: glc@nsfm.com</p>					

Gloucester City High School

Week 2

NUTRI-SERVE FOOD MANAGEMENT

Week Of: May 28, 2012 - June 1, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>No School Memorial Day</p> <p>Green Beans Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Popcorn Chicken Whole Wheat Dinner Roll</p> <p>Whipped Potatoes Green Peas Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Pasta Bar With Meat Sauce With Wheat Garlic Bread</p> <p>Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Chicken Fajita w/ Soft Shells and all the fixings</p> <p>Golden Corn Choice of Fresh Fruit or Juice Milk Choice</p>	<p>French Bread Pizza</p> <p>Cesar Salad Choice of Fresh Fruit or Juice Milk Choice</p>
 Fries will only be served on Tuesday & Thursday Only.	<p><u>Daily Choices Include:</u> BBQ Burger Twin Hotdogs</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Cheeseburger or Hamburger, Jumbo Hotdog</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Cheese Dog California Burger</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Corn Dog Bacon Burger</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Twin Hot Dog, Pizza Burger,</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p>Baked Fresh Daily Chicken Ranch</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Pepperoni</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Plain Cheese</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Buffalo Chicken</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Sausage</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad</p>
	<p>Salad Bar- Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include: Low Fat French, Ranch, Casear, Low Fat Italian</p> <p>Each day there will be a featured protein offered. Monday: Tuna Salad, Tuesday: Egg Salad, Wednesday: Ham, Thursday: Chicken Salad, Friday: Tuna Salad</p>				
<p><u>Prices</u></p> <p>Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60</p>	<p><u>Did you know???</u></p> <p>If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily</p>	<p><u>Monthly Promotions</u></p> <p><u>Every student who receives a lunch will have a chance to win a Snapple Promo that includes a t shirt</u></p>	<p>In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!</p>	<p><u>Did You Know??</u></p> <p>You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed</p>	<p><u>Milk Varieties Offered Daily</u></p> <p>Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk</p>
<p>Menu subject to change without notice Comments or Concerns call Food Service Director: Jennifer Dina Phone number: 856-456-7000 ext. 1526 Email: glc@nsfm.com</p>					

Gloucester City High School

Week 3

NUTRI-SERVE FOOD MANAGEMENT

Week Of: June 4, 2012 - June 8, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Pot Luck Lunch</p> <p>Green Beans Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Chef's Choice Lunch</p> <p>Golden Corn Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Surprise Surprise Lunch</p> <p>Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Some of this & Some of that lunch</p> <p>Green Peas Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Sangarlo's Pizza</p> <p>Cesar Salad Choice of Fresh Fruit or Juice Milk Choice</p>
 Fries will only be served on Tuesday & Thursday Only.	<p><u>Daily Choices Include:</u> BBQ Burger Twin Hotdogs</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Cheeseburger or Hamburger, Jumbo Hotdog</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Cheese Dog California Burger</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Corn Dog Bacon Burger</p> <p>French Fries Choice of Fresh Fruit or Juice Milk Choice</p>	<p><u>Daily Choices Include:</u> Twin Hot Dog, Pizza Burger,</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p>Baked Fresh Daily Chicken Ranch</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Pepperoni</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Cheese Steak</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Buffalo Chicken</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>	<p>Baked Fresh Daily Sausage</p> <p>Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice</p>
	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad</p>	<p><u>Today's Grab n Go Choices</u></p> <p>Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad</p>
	<p>Salad Bar - Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include: Low Fat French, Ranch, Casear, Low Fat Italian</p> <p>Each day there will be a featured protein offered. Monday: Tuna Salad, Tuesday: Egg Salad, Wednesday: Ham, Thursday: Chicken Salad, Friday: Tuna Salad Specialty Salads Include: Choice of Dressing, Dinner Roll, Fresh Fruit and Choice of Milk</p>				
<p>Prices</p> <p>Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60</p>	<p>Did you know??? If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily</p>	<p>Monthly Promotions <u>Every student who receives a lunch will have a chance to win a Snapple Promo that includes a t shirt</u></p>	<p>In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!</p>	<p>Did You Know?? You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed</p>	<p>Milk Varieties Offered Daily Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk</p>
<p>Menu subject to change without notice Comments or Concerns call Food Service Director: Jennifer Dina Phone number: 856-456-7000 ext. 1526 Email: glc@nsfm.com</p>					

Gloucester City High School

Week 4

NUTRI-SERVE FOOD MANAGEMENT

Week Of: April 30, 2012 - May 4, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast for Lunch with Sausage Patty Green Beans Choice of Fresh Fruit or Juice Milk Choice	Buffalo Chicken Sandwich on a Whole Wheat Kaiser Roll Golden Corn Choice of Fresh Fruit or Juice Milk Choice	Chicken Tenders Whole Wheat Dinner Roll Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice	Turkey & Cheese Hoagie on a Whole Wheat Torpedo Roll Green Peas Choice of Fresh Fruit or Juice Milk Choice	Cheese Pizza Ceasar Salad Choice of Fresh Fruit or Juice Milk Choice
 Fries will only be served on Tuesday & Thursday Only.	<u>Daily Choices Include:</u> BBQ Burger Twin Hotdogs Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheeseburger or Hamburger, Jumbo Hotdog French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheese Dog California Burger Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Corn Dog Bacon Burger French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Twin Hot Dog, Pizza Burger, Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	Baked Fresh Daily Chicken Ranch Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Pepperoni Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Plain Cheese Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Buffalo Chicken Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Sausage Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad
	<p>Salad Bar- Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include:Low Fat French, Ranch, Casear, Low Fat Italian</p> <p>Each day there will be a featured protein offered. Monday: Tuna Salad, Tuesday: Egg Salad, Wednesday: Ham, Thursday: Chicken Salad, Friday: Tuna Salad</p>				
Prices Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60	Did you know??? If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily	Monthly Promotions Every student who receives a lunch will have a chance to win a Snapple Promo that includes a t shirt	In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!	Did You Know?? You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed	Milk Varieties Offered Daily Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk
Menu subject to change without notice					

Comments or Concerns call Food Service Director: Jennifer Dina

Phone number: 856-456-7000 ext. 1526 Email: glc@nsfm.com

Gloucester City High School

Week 5

NUTRI-SERVE FOOD MANAGEMENT

Week Of: May 7, 2012 - May 11, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Patty Sandwich on a Whole Wheat Kaiser Green Beans Choice of Fresh Fruit or Juice Milk Choice	Meatball Submarine on a Whole Wheat Torpedo Roll Golden Corn Choice of Fresh Fruit or Juice Milk Choice	French Toast Sticks w/ Syrup Sausage Patty Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice	Chicken Tenders Whole Wheat Dinner Roll Green Peas Choice of Fresh Fruit or Juice Milk Choice	Sangarlo's Pizza Ceasar Salad Choice of Fresh Fruit or Juice Milk Choice
 Fries will only be served on Tuesday & Thursday Only.	<u>Daily Choices Include:</u> BBQ Burger Twin Hotdogs Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheeseburger or Hamburger, Jumbo Hotdog French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheese Dog California Burger Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Corn Dog Bacon Burger French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Twin Hot Dog, Pizza Burger, Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	Baked Fresh Daily Chicken Ranch Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Pepperoni Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Plain Cheese Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Buffalo Chicken Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Sausage Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad
	<u>Featured Specialty Salads</u> Salad Bar- Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include: Low Fat French, Ranch, Casear, Low Fat Italian Each day there will be a featured protein offered. Monday: Tuna Salad, Tuesday: Egg Salad, Wednesday: Ham, Thursday: Chicken Salad, Friday: Tuna Salad Specialty Salads Include: Choice of Dressing, Dinner Roll, Fresh Fruit and Choice of Milk				
Prices Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60	Did you know??? If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily	Monthly Promotions Every student who receives a lunch will have a chance to win a Snapple Promo that includes a t shirt	In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!	Did You Know?? You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed	Milk Varieties Offered Daily Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk
Menu subject to change without notice					

Gloucester City High School

Week 6

NUTRI-SERVE FOOD MANAGEMENT

Week Of: May 14, 2012 - May 18, 2012

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Patty Sandwich on a Wheat Kaiser Roll Green Beans Choice of Fresh Fruit or Juice Milk Choice	Hot Ham & Cheese on a Bagel Golden Corn Choice of Fresh Fruit or Juice Milk Choice	Oven Roasted Chicken with Whole Wheat Dinner Roll Seasoned Carrots Choice of Fresh Fruit or Juice Milk Choice	Hot Turkey Sandwich on a Whole Wheat Kaiser Roll Green Peas Choice of Fresh Fruit or Juice Milk Choice	French Bread Pizza Ceasar Salad Choice of Fresh Fruit or Juice Milk Choice
 Fries will only be served on Tuesday & Thursday Only.	<u>Daily Choices Include:</u> BBQ Burger Twin Hotdogs Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheeseburger or Hamburger, Jumbo Hotdog French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Cheese Dog California Burger Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Corn Dog Bacon Burger French Fries Choice of Fresh Fruit or Juice Milk Choice	<u>Daily Choices Include:</u> Twin Hot Dog Pizza Burger Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	Baked Fresh Daily Chicken Ranch Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Pepperoni Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Plain Cheese Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Buffalo Chicken Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice	Baked Fresh Daily Sausage Garden Side Salad Choice of Fresh Fruit or Juice Milk Choice
	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Egg Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Ham & Cheese Hoagie Tuna Hoagie Chicken Ranch Wrap PB&J Sandwich Chef Salad Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> American Hoagie, Chicken Ranch Wrap, Egg Salad Hoagie PB&J Sandwich Buffalo Chicken Salad Chicken Caesar Salad	<u>Today's Grab n Go Choices</u> Italian Hoagie, Tuna Salad Hoagie, Chicken Caesar Wrap PB&J Sandwich Garden Salad w/ Egg & Cheese Buffalo Chicken Salad	<u>Today's Grab n Go Choices</u> Turkey & Cheese Hoagie Italian Hoagie, Buffalo Chicken Wrap PB&J Sandwich Chef Salad Chicken Caesar Salad
	Salad Bar - Includes fresh, crisp greens, assorted vegetables, protein, fruit, juice, crackers, dinner roll and choice of milk. Dressings include: Low Fat French, Ranch, Casear, Low Fat Italian Each day there will be a featured protein offered. Monday: Tuna Salad, Tuesday: Egg Salad, Wednesday: Ham, Thursday: Chicken Salad, Friday: Tuna Salad				
Prices Student Lunch Price \$2.10 Student Reduced Price \$0.40 Adult Lunch Price \$2.60	Did you know??? If you qualify for a free or reduced lunch you are entitled to a free or reduced breakfast daily	Monthly Promotions <u>Every student who receives a lunch will have a chance to win a Snapple Promo that includes a t shirt</u>	In Addition to Your Meal: Bread Basket Available Daily With Every Lunch!!	Did You Know?? You can prepay for your student's breakfast and lunches. Send in a check made payable to: Gloucester City Board of Ed	Milk Varieties Offered Daily Skim, 1% White, 1% Strawberry, Fat Free Chocolate, 1% Vanilla Milk
Menu subject to change without notice					
Comments or Concerns call Food Service Director: Jennifer Dina					
Phone number: 856-456-7000 ext. 1526 Email: glc@nsfm.com					